

## Activities Calendar

## March 2023

| SLINDAY  | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY  |
|--|--|---|--|---|---|---|
| LOCATION KEY  ACTIVITIES SUBJECT TO CHANGE   |  |   | 9:45 Daily Press Box 10:30 Bowling Tournament 2:30 Culinary Arts: Cake Decorating 3:30 Neighborhood Visits | 9:45 Daily Press Box 10:30 Wake Up Exercise 11:15 Rosary 2:30 Flea Market 3:30 Bingo                        | 9:45 Daily Press Box 10:30 Cardio Boxing 11:15 Friday Flashback: First Dance Songs 2:30 Nick of Time Performance                    | 9:45 Daily Press Box 10:30 Wake Up Exercise 11:15 Wedding Word Unscramble 2:30 "Ring" Toss 3:30 Bingo                     |
| 9:45 Daily Press Box 10:30 Chair Yoga 11:15 Nondenominational Service 2:30 I Fish 2 Fish Fishing Challenge 3:30 Neighborhood Visits Dr. Seuss Birthday | 9:45 Daily Press Box 10:30 Wake Up Exercise 11:15 Who is Dr. Seuss? 2:30 Noodleball 3:30 Truffleump Trees Crafts  Purim Begins         | 9:45 Daily Press Box 7 10:30 Painting: Thing I Thing 2 Blow Painting 2:30 Move it or Lose it 3:30 Bingo   | 9:45 Daily Press Box 10:30 Bowling Tournament 2:30 Culinary Arts: Pink Ink Drink 3:30 Resident Council     | 9:45 Daily Press Box 10:30 Wake Up Exercise 11:15 Rosary 2:30 Oh the Places You'll Go Travelogue 3:30 Bingo | 9:45 Daily Press Box 10:30 Cardio Boxing 11:15 Dr. Seuss Trivia Challenge 2:30 Cat in the Hat Toss 3:30 Beauty Parlor Friday        | 9:45 Daily Press Box 10:30 Wake Up Exercise 11:15 Science Saturday: Oobleck 2:30 Wheel of Fortune: Book Titles 3:30 Bingo |
| 9:45 Daily Press Box 10:30 Chair Yoga 11:15 Nondenominational Service 2:30 Who is St. Patrick? 3:30 Neighborhood Visits  Celebrate St. Patrick's Day   | 9:45 Daily Press Box 10:30 Wake Up Exercise 11:15 March Madness Bracket Decisions 2:30 Basketball Shootout 3:30 Mosaic Paper Shamrocks | 9:45 Daily Press Box   4<br>10:30 Painting: Rainbow Pot of<br>Gold<br>2:30 Pi Day Pie Party<br>3:30 Bingo | 9:45 Daily Press Box 10:30 Bowling Tournament 2:30 Culinary Arts: Shamrock Shakes 3:30 Neighborhood Visits | 9:45 Daily Press Box 10:30 Wake Up Exercise 11:15 Rosary 2:30 Travelogue: Ireland 3:30 Bingo                | 9:45 Daily Press Box 17 10:30 Cardio Boxing 11:15 Truth of Blarney? 2:30 23 Skidoo St. Patrick's Day Performance  St. Patrick's Day | 9:45 Daily Press Box 10:30 Wake Up Exercise 11:15 "Shamrock" Make a Word 2:30 Make Your Own Blarney Stones 3:30 Bingo     |
| 9:45 Daily Press Box 10:30 Chair Yoga 11:15 Nondenominational Service 2:30 Young Adults Church Choir 3:30 Neighborhood Visits Spring into Spring       | 9:45 Daily Press Box 10:30 Pick a Flower Exercise 11:15 Name that Tune: Spring Songs 2:30 Noodleball 3:30 Coffee Filter Butterflies    | 9:45 Daily Press Box 10:30 Painting: Broccoli Stamped Spring Tree 2:30 Move it or Lose it 3:30 Bingo      | 9:45 Daily Press Box 10:30 Bowling Tournament 2:30 Culinary Arts: Spring Rolls 3:30 Neighborhood Visits    | 9:45 Daily Press Box 10:30 Wake Up Exercise 11:15 Rosary 2:30 Flower Arranging 3:30 Bingo                   | 9:45 Daily Press Box 10:30 Cardio Boxing 11:15 "SPRING" Categories 2:30 Target "Golf" 3:30 Beauty Parlor Friday                     | 9:45 Daily Press Box 10:30 Wake Up Exercise 11:15 List It: Spring 2:30 Jeopardy: Spring Edition 3:30 Bingo                |
| 9:45 Daily Press Box 10:30 Chair Yoga 11:15 Nondenominational Service 2:30 DIY Coke Taste Test 3:30 Neighborhood Visits  Coca-Cola Vs. Pepsi?          | 9:45 Daily Press Box 10:30 Wake Up Exercise 11:15 Coca-Cola Trivia 2:30 Cornhole 3:30 Coke Vs. Pepsi Taste Test                        | 9:45 Daily Press Box 10:30 Painting: Old Fashioned Coke Bottle 2:30 Move it or Lose it 3:30 Bingo         | 9:45 Daily Press Box 10:30 Bowling Tournament 2:30 Culinary Arts: Coca-Cola Cake 3:30 Neighborhood Visits  | 9:45 Daily Press Box 10:30 Wake Up Exercise 11:15 Rosary 2:30 Pop Bottle Ring Toss 3:30 Bingo               | 9:45 Daily Press Box 10:30 Cardio Boxing 11:15 History of Coca-Cola Ads 2:30 Black and Blue Trio Performance                        |   |



## Activities Calendar

## March 2023 Seasons

| SUNDAY   | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY   |
|--|---|--|---|---|---|--|
|  | Mon. – Fri. II:15 Dining Program  Tues., Thurs., & Sat. 3:30 Bingo (WW-DR)  |  | 10:00 Wake Up Exercise (S/SP) 10:45 Lifeskills (S/SP) 11:30 Wake Up Sensory (A/S) 1:30 Sensory Balance 2:00 Nature Immersion 2:45 Culinary Arts: Decorate A Mini Wedding Cake 3:30 Crafty Creations: Make Your Own Bouquet (S/SP) 4:00 Crafty Creations: Flower Arranging (A/S) | 10:15 Bowling Tournament 11:30 Wake Up Sensory (A/S) 1:30 Sensory Balance 2:00 Nature Immersion 2:45 Rosary 3:15 Wedding March Game 3:45 Wedding Reminiscing (A/S) 4:00 Throwback Thursday: Wedding Edition                     | 10:00 Wake Up Exercise (S/SP) 3 10:45 Lifeskills (A/S) 1:30 Sensory Balance 2:30 Nick Of Time Performance 4:00 Manicure & Hand Massages   | 10:00 Move it or Lose it (S/SP) 10:45 Color Wheel Saturdays (A/S) 11:15 Chronicle & Coffee 11:30 Wake Up Sensory (A/S) 1:30 Sensory Balance 2:45 Air Hockey Tournament 3:30 Artsy Saturdays (S/SP) 4:00 Sippin Saturdays         |
| <ul> <li>10:00 Nondenominational Service</li> <li>11:15 Sing-a-long Sunday</li> <li>1:30 Sensory Balance</li> <li>2:45 Balloon Toss</li> <li>3:30 iSpy With My Little Eye</li> <li>(S/SP)</li> <li>4:00 Soiree Sunday</li> <li>4:15 Wake Up Sensory (A/S)</li> </ul> | 10:00 Wake Up Exercise (S/SP) 6 10:45 Lifeskills (A/S) 1:30 Sensory Balance 2:45 Dr. Seuss Categories (S/SP) 3:15 Movie Matinee Monday: The Lorax  Purim Begins | 10:00 Wake Up Exercise (S/SP) 7 10:45 Lifeskills (A/S) 1:30 Sensory Balance 2:00 Nature Immersion 3:15 Guess That Dr. Seuss Book (S/SP) 3:30 Oobleck Sensory Bin (A/S) 4:00 Dr. Seuss Read Aloud   | 10:00 Wake Up Exercise (S/SP) 10:45 Lifeskills (S/SP) 11:30 Wake Up Sensory (A/S) 1:30 Sensory Balance 2:00 Nature Immersion 2:45 Culinary Arts: Truffula Tree Treats 3:30 Crafty Creations: Fox in Socks Craft (S/SP) 4:00 Crafty Creations: Make Your Own "Thing" (A/S)       | 10:15 Bowling Tournament 11:30 Wake Up Sensory (A/S) 1:30 Sensory Balance 2:00 Nature Immersion 2:30 Flea Market (WW-DR) 4:00 Throwback Thursday: Dr. Seuss Edition   | 10:00 Wake Up Exercise (S/SP) 0<br>10:45 Lifeskills (A/S)<br>1:30 Sensory Balance<br>3:00 Dr. Seuss Coloring<br>Extravaganza<br>3:30 Manicure & Hand Massages<br>4:15 Wake Up Sensory (A/S) | I 0:00 Move it or Lose it (S/SP) I I 0:45 Color Wheel Saturdays (A/S) I 1:15 Chronicle & Coffee I 1:30 Wake Up Sensory (A/S) I:30 Sensory Balance 2:45 Air Hockey Tournament 3:30 Artsy Saturdays (S/SP) 4:00 Sippin Saturdays   |
| 10:00 Nondenominational Service 11:15 Sing-a-long Sunday 1:30 Sensory Balance 2:45 Balloon Tennis 3:30 ABC Dice Game (S/SP) 4:00 Soiree Sunday 4:15 Wake Up Sensory (A/S)  | 10:00 Wake Up Exercise (S/SP) 3 10:45 Lifeskills (A/S) 1:30 Sensory Balance 2:45 GOLD Categories (S/SP) 3:15 Movie Matinee Monday: Leap Year                    | 10:00 Wake Up Exercise (S/SP) 4 10:45 Lifeskills (A/S) 1:30 Sensory Balance 2:00 Nature Immersion 3:15 Panning For Gold (S/SP) 3:30 Pie Day Social 4:00 Travelogue Tuesday: Ireland  | 10:00 Wake Up Exercise (S/SP) 10:45 Lifeskills (S/SP) 11:30 Wake Up Sensory (A/S) 1:30 Sensory Balance 2:00 Nature Immersion 2:45 Culinary Arts: Shamrock Shakes 3:30 Crafty Creations: Paper Bag Leprechaun (S/SP) 4:00 Crafty Creations: Marshmallow Shamrock Stamping (A/S)  | 10:15 Bowling Tournament 11:30 Wake Up Sensory (A/S) 1:30 Sensory Balance 2:00 Nature Immersion 2:45 Rosary 3:15 Irish Jig Jamboree 3:45 St. Patrick's Day Reminiscing (A/S) 4:00 Throwback Thursday: St. Patrick's Day Edition | 10:00 Wake Up Exercise (S/SP) 7 10:45 Lifeskills (A/S) 1:30 Sensory Balance 2:30 23 Skidoo Performance & St. Patrick's Day Festivities 4:00 Manicures & Hand Massages  St. Patrick's Day    | I 0:00 Move it or Lose it (S/SP)   8 I 0:45 Color Wheel Saturdays (A/S) I 1:15 Chronicle & Coffee I 1:30 Wake Up Sensory (A/S) I:30 Sensory Balance 2:45 Air Hockey Tournament 3:30 Artsy Saturdays (S/SP) 4:00 Sippin Saturdays |
| 10:00 Nondenominational Service 11:15 Sing-a-long Sunday 1:30 Sensory Balance 2:30 Young Adults Choir Performance 4:00 Soiree Sunday 4:15 Wake Up Sensory (A/S)  | 10:00 Wake Up Exercise (S/SP)20<br>10:45 Lifeskills (A/S)<br>1:30 Sensory Balance<br>2:45 SPRING Categories (S/SP)<br>3:15 Movie Matinee Monday: Open<br>Season | 10:00 Wake Up Exercise (S/SP)2   10:45 Lifeskills (A/S) 1:30 Sensory Balance 2:00 Nature Immersion 3:15 Springtime iSPY (S/SP) 3:30 Springtime Aromatherapy (A/S) 4:00 Travelogue Tuesday: Holland Tulip Garden  | 10:00 Wake Up Exercise (S/SP) 10:45 Lifeskills (S/SP) 11:30 Wake Up Sensory (A/S) 1:30 Sensory Balance 2:00 Nature Immersion 2:45 Culinary Arts: Rainbow Banilla Bites 3:30 Crafty Creations: Egg Carton Animals (S/SP) 4:00 Crafty Creations: Fork Stamped Tulips (A/S)        | 10:15 Bowling Tournament 11:30 Wake Up Sensory (A/S) 1:30 Sensory Balance 2:00 Nature Immersion 2:45 Rosary 3:15 Parachute Game 3:45 Springtime Reminiscing (A/S) 4:00 Throwback Thursday: Springtime Edition                   | 10:00 Wake Up Exercise (S/SP) 4 10:45 Lifeskills (A/S) 1:30 Sensory Balance 3:00 Springtime Coloring Extravaganza 3:30 Manicure & Hand Massages 4:15 Wake Up Sensory (A/S)                  | 10:00 Move it or Lose it (S/SP)25 10:45 Color Wheel Saturdays (A/S) 11:15 Chronicle & Coffee 11:30 Wake Up Sensory (A/S) 1:30 Sensory Balance 2:45 Air Hockey Tournament 3:30 Artsy Saturdays (S/SP) 4:00 Sippin Saturdays       |
| 10:00 Nondenominational Service 11:15 Sing-a-long Sunday 1:30 Sensory Balance 2:45 Noodleball 3:30 Cola Trivia (S/SP) 4:00 Soiree Sunday 4:15 Wake Up Sensory (A/S)  | 10:00 Wake Up Exercise (S/SP)27 10:45 Lifeskills (A/S) 1:30 Sensory Balance 2:45 COLA Categories (S/SP) 3:15 Movie Matinee Monday: Enchanted                    | <ul> <li>10:00 Wake Up Exercise (S/SP)28</li> <li>10:45 Lifeskills (A/S)</li> <li>1:30 Sensory Balance</li> <li>2:00 Nature Immersion</li> <li>3:15 Science Time: Cola VS Mentos</li> <li>3:30 Sensory Tube (A/S)</li> <li>4:00 Travelogue Tuesday: Cola Factory Tour</li> </ul> | 10:00 Wake Up Exercise (S/SP) 10:45 Lifeskills (S/SP) 11:30 Wake Up Sensory (A/S) 1:30 Sensory Balance 2:00 Nature Immersion 2:45 Culinary Arts: Cola Creations 3:30 Crafty Creations: Pop Up Rainbow Craft (S/SP) 4:00 Crafty Creations: Cotton Bud Dandelions (A/S)           | 10:15 Bowling Tournament 11:30 Wake Up Sensory (A/S) 1:30 Sensory Balance 2:00 Nature Immersion 2:45 Rosary 3:15 Coke VS Pepsi Challenge 3:45 POP Tasting (A/S) 4:00 Throwback Thursday: Cola Edition                           | 10:00 Wake Up Exercise (S/SP)  <br>10:45 Lifeskills (A/S)<br>1:30 Sensory Balance<br>2:30 Black & Blue Trio<br>Performance<br>4:00 Manicures & Hand Massages                                | 10:00 Move it or Lose it (S/SP) 10:45 Color Wheel Saturdays (A/S) 11:15 Chronicle & Coffee 11:30 Wake Up Sensory (A/S) 1:30 Sensory Balance 2:45 Air Hockey Tournament 3:30 Artsy Saturdays (S/SP) 4:00 Sippin Saturdays         |